



SECTION TEN

EXTRA PROGRAM POLICIES AND PROCEDURES

The AYSO EXTRA Program is a primary program and shall be conducted in accordance with the current AYSO Rules and Regulations, Bylaws and National policies, the current FIFA Laws of the Game (AYSO Edition), AYSO EXTRA Program Guidelines and the policies and procedures as described herein.

The Section 10 EXTRA Program adopts the AYSO National EXTRA Guidelines as currently adopted. The exceptions are in Section 9 Referees and Section 5 Team Rosters – Temporary Replacement Players. The AYSO National EXTRA Guidelines are found on the AYSO National website at [http://www.ayso.org/For Volunteers/programs/extra/how to start an ayso extra program](http://www.ayso.org/For_Volunteers/programs/extra/how_to_start_an_ayso_extra_program) . These Section 10 Policies and Procedures are supplemental and address local concerns within Section 10. This document shall serve as the governing document for the EXTRA Program conducted in Section 10.

1. PROGRAM

This program is designed to provide options for players to play soccer at a more challenging level for those players who possess the desire and appropriate skills and abilities. The EXTRA program is a pilot program for U9 through U14 players (boys and girls) currently being offered in Section 10.

The Section 10 EXTRA Program is a “side-by-side” program ONLY.

Section 10 offers a gaming circuit comprised of Regions in Areas A, D, E, S, V and W. The gaming circuit offers U9, U10, U11, U12, U13 and U14 divisions.

Due to geographical hardship, if there is enough interest Section 10 will offer Area-level gaming circuits in Area O and/or Q. A gaming circuit will be offered in a division when there are enough teams to play in either a one-year (U9, U10, U11, etc.) or a two-year (U10, U12, etc.) division.

Divisions must have a minimum of six (6) teams. Divisions with less than six teams will only be allowed with Section Director approval, otherwise, they will be disbanded and all affected players shall have the option of participating in their Region’s core program.

Those divisions with 12 or more teams may be divided into two gaming circuits.

Any Area within Section 10 may elect to offer an Area EXTRA program subject to submittal of an application for an Area EXTRA program, including proposed Guidelines, and approval by the Section Director.

2. JURISDICTION

- a. The AYSO National Board of Directors' policy states that the Section Director is responsible for the oversight and administration of all EXTRA programs in their Section. This EXTRA Program is open to all Areas and Regions within the Section who agree to these Policies and Procedures and wish to participate, subject to the gaming circuit restrictions specified in Section 1 of this document.
- b. The program will be administered by the Section 10 EXTRA Program Coordinator (S10 EPC), who will be appointed by the Section Director. The S10 EPC shall be responsible for providing general administrative oversight and direction of the program. The S10 EPC will be authorized to appoint staff to assist in managing the program. As a minimum, this staff shall include the following:
 - i. The EXTRA Program Registrar shall be responsible for team registration, to include the collection of league fees and review of eAYSO rosters, and shall serve as the Tournament Registrar for the Section 10 EXTRA Championship.
 - ii. The EXTRA Program Statistician shall be responsible for tracking Misconduct Reports, distributing a weekly Misconduct Report Summary and collecting game cards.
 - iii. The EXTRA Program Webmaster shall be responsible for maintaining the EXTRA program menu on the Section 10 website and posting information as directed by the Section Director, S10 EPC and the EPAC.
 - iv. The EXTRA Program Tournament Referee Scheduler shall be responsible for scheduling referees for the EXTRA Championship, under the supervision of the Section Referee Administrator.
- c. An EXTRA Program Advisory Committee (EPAC) consisting of the S10 EPC, Assistant Section Director (chairman), Section Coach Administrator, Section Referee Administrator, Section Management Administrator and at-large members appointed by the Section Director shall provide advisory support to the S10 EPC and the Section Director. Their duties will include: a) managing dispute resolution discipline review on behalf of and/or through the Section Director, 2) when necessary, providing interpretation of the Section 10 EXTRA Policies and Procedures, and 3) reviewing, annually, and update, when necessary the Section 10 EXTRA Policies and Procedures. Any issues requiring special jurisdiction will be handled in the best interest of Section 10 and AYSO.
- d. Each participating Area Director is responsible for overseeing/verifying that the National and Section 10 EXTRA program requirements are met by those Regions within their Area that elect to participate in the Section 10 EXTRA program. An Area Director may select an Area EPC to assist with the administration of the EXTRA program in their Area, but signature authority resides with the Area Director only. If an Area has an Area EPC, their job description should be in their Area Guidelines.
- e. Each participating Regional Commissioner is responsible for overseeing/verifying that the

National and Section 10 EXTRA program requirements are met by the Region. A Regional Commissioner may select a Region EPC to assist with the administration of the EXTRA program in their Region, but signature authority resides with the Regional Commissioner only. If a Region has a Region EPC, their job description should be in their Region Guidelines.

- f. Each Region will ensure that appropriate monitoring and measurement reports, as established by the National Board of Directors and Section 10 under the EXTRA pilot program, are completed and submitted as requested. Authorization to continue participation in the EXTRA program is subject to completion and timely submission as requested.
- g. It is critical to the success of the program that all Regions/Areas follow these Policies and Procedures to provide a common, consistent, and positive experience for all players, coaches, parents, and volunteers.

3. PLAYER ELIGIBILITY

- a. All players must be registered in the current Membership Year (MY). Player eligibility, as pertains to age requirements to participate in a specific gender/age division, is defined in the AYSO National Rules & Regulations.
- b. In order to try out for an EXTRA team, players must either be registered with AYSO or complete the Non-AYSO Registered Participant Form. This form must be sent to the National Office immediately. There is no requirement that EXTRA players have previously played or registered as AYSO players. The eAYSO system is the source of determining all players' current registration status, the creation of team rosters and ID cards.
- c. As defined by the National regulations, an EXTRA side-by-side player may not play on another AYSO primary (fall) program team during the same season, nor will they be eligible for All-star play.
- d. Players selected to the EXTRA program will commit to their teams as their priority non-school activity. It is expected that every player attends each practice and game at the agreed upon times.
- e. Guest players, outside players and loan players are strictly prohibited.
- f. Any team using an ineligible player will forfeit all games in which this player participates.
- g. Placing/playing an ineligible player on a team may result in the expulsion of the player, coach and/or the entire team from the EXTRA program, or such other disciplinary action as deemed appropriate in accordance with the AYSO Dispute Resolution procedures.
- h. Players may only play on teams as shown in the table below. When a Region has single year age divisions, it is strongly recommended players participate on their age-appropriate team.

AYSO Age/EXTRA Team Chart

AYSO Age	AYSO EXTRA Team Eligibility
7	Too young
8	U9, U10
9	U10, U11
10	U11, U12
11	U12, U13
12	U13, U14
13	U14
14	Too old
No exceptions to these age divisions will be approved.	

4. COACH ELIGIBILITY (Coach and Assistant Coach)

- a. Coaches participating in EXTRA should be of excellent character. At a minimum, EXTRA Coaches and Assistant Coaches must:
 - i) Be registered as a volunteer in the current Membership Year;
 - ii) Be an AYSO trained coach as specified in this document;
 - iii) Be Safe Haven certified within the last two years;
 - iv) Be an active participant in the Region's primary program as an instructor, coach or referee mentor, or other volunteer service the Region determines adequate to fulfill this requirement;
 - v) Be in good standing with the Region, Area, Section, and AYSO;
 - vi) Be approved by the Region board;
 - vii) Be approved by the Area Director; and
 - viii) Be evaluated and renewed each membership year.
- b. Coaches must have completed the minimum training levels below:
 - i) U10: U-12 Coach Certified
 - ii) U11/12: U-12 Coach Certified
 - iii) U13/14: Intermediate Coach Certified
- c. It is strongly recommended that EXTRA program coaches be certified at least one level above the level they intend to coach (except as set forth above, U-10 coaches must be certified at the U-12 level).
- d. It is strongly recommended that EXTRA program coaches be CDC Concussion Awareness trained.

- e. It is also strongly recommended that coaches have continuing education each year as designed by each Region/Area.
- f. The Regional Commissioner's signature on the eAYSO roster attests to coach compliance, subject to Area Director approval. Rosters must be submitted to the Section 10 EXTRA Program Registrar by June 15 with both the coach and assistant coach fully trained and certified. Only those persons fully trained, certified, and approved by their Area Director as of June 15 will be allowed to coach in the EXTRA program.
- g. If a coach or assistant coach is removed from the roster for any reason, he or she may be replaced with the approval of the Regional Commissioner and the Area Director.
- h. Those wanting to coach must fill in an application and submit it for approval. The Region and/or Area EPC will conduct a mandatory EXTRA coach meeting prior to the start of the EXTRA season which each coach assigned to an EXTRA team must attend.
- i. A coach or assistant coach may only be listed on one eAYSO roster.

5. TEAM ROSTERS

- a. Team eAYSO rosters for teams participating in the EXTRA program must be received by the Section 10 EXTRA Program Registrar no later than June 15th. The roster must be approved by the Regional Commissioner and the Area Director and include two coaches.
- b. Rosters with fewer players than the team minimum roster size (see Section 10.a of this document) and rosters that do not have two fully trained and certified coaches (see Section 4 of this document) will not be accepted. Teams unable to meet these requirements by June 15 will not be eligible to participate in the Section 10 EXTRA program and the Region must provide the affected players the opportunity to participate in their core program.
- c. If jersey numbers are not available when the original roster is submitted, a roster in jersey number order must be submitted before opening day.
- d. **Prior to opening day**, revisions to rosters by adding core players may occur when a player drops from the team. **Once the core team rosters are established**, core team players may not be placed on the EXTRA team roster. Players who are late registrations, and are not on a core roster may be added to an EXTRA roster. Players who drop from the team will not be permitted to return during the membership season unless such return is authorized by the Regional Commissioner and Area Director for good cause.
- e. The number of rostered players on opening day shall be the maximum roster size for the team through the season.
- f. Revised rosters must be submitted to the Section 10 EPC prior to the new team member participating in a game.
- g. If, after the core rosters are published, a roster temporarily drops to the number of field players **due to injury only**, a "temporary EXTRA" player may be added to the roster. The criteria for adding a temporary replacement player follows:
 - i) The temporary roster size is defined as maximum roster size (opening day) minus players who have dropped minus players who are unable to play due to injury. Players missing a

game for any other reason are considered available players and will count towards the temporary roster size.

- ii) Injuries must be recorded on a AYSO Incident Report and sent to the Area EPC
- iii) Injuries must be confirmed by a signed physician's statement indicating the player's unavailability to participate in soccer activities with an estimated duration of their non-participation.
- iv) Have attended a preseason EXTRA try out (this requirement waived if no qualified players or all qualified players decline to participate)
- v) Be registered in eAYSO no later than opening day
- vi) Be participating in the fall (core) program
- vii) In the event of a game or practice conflict, give their fall (core) league team the priority
- viii) Be approved by the Regional Commissioner and the Area Director
- ix) The same player shall be used for the duration of the original EXTRA player
- x) When the injured player provides an AYSO Participation Release from their physician, the recovered player may return to the team. The temporary EXTRA player may participate on the EXTRA team provided the EXTRA team has not exceeded the maximum roster size.
- xi) Only the Regional Commissioner or Area Director can approve a "temporary EXTRA" player and they shall provide the coach a signed statement to the coach listing the injured player and the temporary replacement player that the coach will present at team check-in.

6. PLAYER/COACH ID CARDS

- a. Player ID cards shall bear the name, AYSO ID number, a recent photo, and the signature of the Regional Commissioner.
- b. Coach ID cards shall bear the name, AYSO ID number, a recent photo, a Section/Area/Region designation, certification level and the signature of the Regional Commissioner.

7. ROSTER, ID AND PLAYER REGISTRATION FORMS REQUIRED

- a. Properly completed and laminated ID cards for all players and a maximum of two coaches and a team lineup card shall be presented to the referee prior to the start of each game.
- b. Coaches must wear ID cards visibly on their person during pre-game check-in and for the duration of all games, including the postgame handshake.
- c. Coaches must have laminated player ID cards and copies of AYSO Player Registration Forms (medical release forms) for each participating player as well as their own ID cards. If a team is unable to provide all of the above, the team will be considered not ready to play. If the coach cannot provide all of the above by forfeit time, the referee shall terminate the game. The Section 10 EPC will award a 1-0 forfeit to the "non-offending" team. If neither coach can provide all of the above, both teams will forfeit, and receive no points.
- d. NOTE. Referees are **NOT** to request team rosters or the medical release forms and/or to use same as part of the team check-in process prior to a game.
- e. NOTE. Only a volunteer provided with a coach ID card is considered an EXTRA Program coach. If there is no "credentialed coach" present during the pregame check-in process the referee shall

abandon the game. The Section 10 EPC will award a 1-0 forfeit to the “non-offending” team. If neither has a credentialed coach, both teams will forfeit, and receive no points.

8. FIELDS

- a. Regions must provide an adequate number of size-appropriate fields for their U9 - U14 EXTRA teams.
- b. All fields must be deemed safe by the Section 10 Safety Director.
- c. If at any time, preseason or during the season, fields are deemed unsafe, the Region must correct the situation or locate alternate sites for their home games.
- d. Fields/equipment needs to be age appropriate. Participating Regions/Areas are responsible for properly preparing all fields used. Field set-up and take down is the responsibility of the hosting Region/Area.

9. REFEREES

- a. For each U10 – U14 game, the host Region is responsible for providing three (3) referees, badge level appropriate (see paragraphs 9d and 9e), to cover each EXTRA game.
- b. Referees participating in the EXTRA program should be of excellent character. At a minimum referees shall:
 - i) Have a current volunteer application on file at the National Office;
 - ii) Be an AYSO trained and certified referee;
 - iii) Be Safe Haven certified;
 - iv) Be in good standing with the Region, Area and/or Section and AYSO;
 - v) Be approved by the Region Referee Administrator (RRA) and/or the Area Referee Administrator (ARA); and
 - vi) Be evaluated and approved each membership year.
- c. It is strongly recommended that EXTRA program referees be CDC Concussion Awareness trained.
- d. Referees will be assigned to games in divisions for which they are certified based on their badge level as follows:
 - i) U9/U10: Regional Referee or higher
 - ii) U11/U12: Intermediate Referee or higher
 - iii) U13/U14: Advanced Referee or higher
- e. Assistant Referees for U-13 or higher games must have the badge level as follows:
 - i) U-13/U-14: Intermediate Referee or higher
- f. Unless otherwise approved by the Section Referee Administrator, referees shall be a minimum of two years older than the oldest players in the division to which they have been assigned. If Youth Referees are assigned to any games a field monitor should also be assigned.
- g. All EXTRA program games shall be officiated using the Diagonal System of Control, i.e. one Referee and two assistant referees.

- h. The use of “club linesmen” Or the Dual (two-man) System of Control is not allowed. If the home team is unable to provide three (3) trained and certified referees, the game will be recorded as a 1-0 forfeit in favor of the visiting team.

10. TEAM FORMAT

- a. The EXTRA program is designed for the U9 through U14 age divisions. Teams must be formed according to the approved selection procedures. All EXTRA teams must be formed in eAYSO, unless an exception is permitted by the Section Director. Participating Regions are allowed to enter teams in the U9 through U14 gender age/divisions as follows:
 - i) The minimum number of players is nine (9) and maximum number of players allowed in U-9 and U-10 will be ten (10) and the teams will play 7 v 7
 - ii) The minimum number of players is eleven (11) and maximum number of players allowed in U-11 and U-12 will be twelve (12) and the teams will play 9 v 9
 - iii) The minimum number of players allowed in U-13 and U-14 will be fourteen (14), the maximum will be fifteen (15) and the teams will play 11 v 11
- b. It is recommended that the maximum size roster be used.
- c. Area Directors shall approve the number of teams participating from each of their Regions.
- d. The determination of the appropriate number of EXTRA teams a Region should form should be based on the number of registered players in each division within the Region, the effect the creation of the teams will have on the primary fall program, field availability and age-appropriate referee support.
 - i) Regions interested in forming more than one team in a gender/age division must receive written approval from their Area Director prior to the formation of the team.
 - ii) Regions may not have more teams in an EXTRA Program division than they do in a primary fall program division
 - iii) Regions that create multiple teams in the same gender/age division shall make all reasonable effort to create balanced teams. Creation of A/B teams within a Region is not permitted.
- e. Single-year age teams are permissible. Regions may also have traditional two-year age division teams as defined in the AYSO National Rules and Regulations, where they feel that such action may be in their best interest.
- f. Teams must be formed according to the approved selection procedures.
- g. At no time is inter-regional recruitment of players allowed without the prior approval of each of the Regional Commissioners and Area Director concerned. Recruitment without prior approval may result in sanctions by the Area Director, who may convene a disciplinary board in such instances.

11. PLAYER EVALUATION/SELECTION PROCEDURES

- a. Player evaluation opportunities shall be widely advertised to all potential players using the Region website or email blasts, for example. A minimum of two (2) advertised tryouts will be held for each team.

- b. All participants in a tryout must be either registered with AYSO for the current membership year or complete the Non-AYSO Registered Participant Form and pay the requisite tryout fee (a non-refundable fee of \$5.00 per form plus any additional tryout fees imposed by the host Region). These forms shall be made available for on-site participation of any player not registered in AYSO prior to arriving at the evaluation. These forms must be sent to the National Office immediately.
- c. All currently registered AYSO players in the gender/age bracket of the selection being conducted are eligible to participate.
- d. All players must be newly selected each membership year. Teams will be re-formed and balanced each membership year. It is possible that not all players who tryout will be selected to a team.
- e. Each player who participates in the player selection process will be notified promptly after the tryouts have been conducted as to whether he or she was selected to the team.
- f. Notification must be given to those players who were not selected within one week after EXTRA team selection with the assurance they will be placed on a standard primary program team in the normal Regional process.
- g. Regions are encouraged to select as large a team as allowed by AYSO Rules and Regulations, and this document, to ensure enough players and substitutes are available each game day as well as to eliminate the need for adding players at a later date.
- h. Each Region is to submit their Player Evaluation and Selection Procedure to their Area Director for approval. The approved procedure should be made available such as posting it on the Region website.
 - i) Evaluators shall be Intermediate, Advanced, or National Coach certified.
 - ii) Evaluators shall be as impartial as possible.
 - iii) Coaches of an EXTRA program team may not:
 - 1. Have input or participate in any way in the player's evaluation;
 - 2. Participate in any way in the warm up, conduct of the activities or scrimmage, or conclusion of the evaluation;
 - 3. However, the EXTRA Team Coach may observe all players throughout all tryout sessions and participate on the Team Selection Committee.
 - iv) A parent of a player trying out for an EXTRA program team may not participate as an Evaluator for his/her child's gender/ age division.
 - v) Evaluators are strongly encouraged to use a short-sided game format to evaluate players. Evaluators may also use additional skill tests or soccer activities.
 - vi) Evaluators shall submit player rankings/ratings using the EXTRA Player Evaluation form and recommend the most capable and deserving players.
 - vii) The Team Selection Committee shall consist of the Regional Commissioner, the Regional Coach Administrator, the EXTRA team coach, the Regional EXTRA Program Coordinator and any other designees of the Regional Commissioner, all who must be neutral participants.

12. UNIFORMS

- a. All uniforms and equipment will be in accordance with AYSO National Rules and Regulations. The approved EXTRA program logo may only be worn in the locations designated for the optional logo as shown in Exhibit A in the AYSO National Rules and Regulations.
- b. EXTRA program teams shall be provided with uniforms of similar style and quality to those provided to other primary program teams.
- c. The home team in a match is responsible for wearing uniform jerseys (or scrimmage vests) that clearly distinguish them from the other team. In case of color conflicts, the home team is required to change uniform colors.
- d. The Referee is the final authority on the safety of any player's uniform and equipment.

13. PRACTICE/TRAINING

- a. EXTRA program teams are NOT permitted to begin practice or engage in any other training activity prior to August 1st. Only players on the official roster are permitted to participate in team training.
- b. Teams shall be limited to three events per week. Multiple games on the same weekend will count as one event. Each coach-led practice, or session with a trainer shall count as an event.
- c. Practice/training sessions shall not exceed 90 minutes each or three hours per week.

14. GAMES

- a. Schedule timeline
 - i) Last Saturday in June – Field Availability Form due
 - ii) Third Saturday in July – draft schedule to Region EPCs
 - iii) First Saturday in August – game times and field numbers to S10 Scheduler
 - iv) Two weeks before Opening Day – final schedule posted on website
 - v) Saturday after Labor Day – Opening Day
 - vi) Sunday prior to Thanksgiving – end of league season
 - vii) The gaming schedule/standings for the EXTRA program will be posted on the Section 10 website.
- b. All games will be played as scheduled (date, time and venue).
- c. A game shall not be rescheduled without the approval of the Section 10 EPC. Once the final schedule is posted, games may not be rescheduled except for cancellations due to adverse weather conditions.
- d. The home Region EPC is responsible for reporting scores to the Section 10 website and providing a copy of the game cards to the Section 10 EXTRA Statistician.
- e. Coaches, substitutes, and spectators of the two teams playing the match shall be on opposite sides of the field unless field constraints require them to be on the same side, in which case they will remain on separate ends of the field. Home side of the field will be consistent with home Region practices. Coaches will remain in the technical area (10 yards on either side of the

midfield line). Spectators will not sit any closer to the goal line than the start of the penalty area.

- f. If either of the teams is not ready to play at the scheduled kick-off time, the referee shall allow a grace period of no more than ten (10) minutes before cancelling the game. A team not ready to play at that time shall forfeit the game. If a team does not show for a scheduled game, their opponent will be awarded a 1- 0 victory by forfeit. The EXTRA Program Advisory Committee (EPAC) may impose other sanctions if the forfeiting team gains an advantage by the forfeit.
- g. In cases of games cancelled by adverse weather conditions (rain, poor air quality, excessive heat or act of God), the Region EPC will reschedule the game to be played within two weeks of the scheduled game and no later than the designated last weekend of the season. The EPAC has the authority to reschedule games or declare a forfeit should there be an unfair advantage by not rescheduling a game.
- h. The home Region Safety Director shall submit a copy of the AYSO Incident Report to the Section 10 EPC and the Area EPC for any injury requiring medical attention.
- i. The referee may terminate or suspend a match for reasons of safety (bad weather or darkness), for any serious infringement of the Laws, or because of interference by spectators. The referee shall use the online EXTRA Misconduct Report to fully explain
- j. The Section 10 EPC has the authority to declare a winner, a forfeit, or a replay of a match in its entirety as follows:
 - i) If a team does not appear for a scheduled game, their opponent will be awarded a 1-0 forfeit.
 - ii) A team not ready to play within ten minutes of the scheduled game time shall forfeit the game and their opponent will be awarded a 1-0 forfeit.
 - iii) If a game is terminated due to the actions of both teams, the game shall be deemed a forfeit by both teams and will count as a 1-0 loss for both teams in the standings.
 - iv) If a game is suspended prior to completion due to inclement weather, heat, or any other unforeseen circumstance, the game score will stand as recorded by the referee provided one half or more of the regulation game had been played at the time of suspension.
 - v) If less than one half of the regulation game time had been played at the time of the game suspension, the game will be rescheduled and played in its entirety at a later date and time. If the game is not rescheduled for any reason, the game shall stand as a 'not played' game irrespective of the score at the time of game suspension.

15. GAME SCORING

- a. Standings will be determined by total points. A maximum of three (3) points may be awarded to a team in any one game. In the event all teams do not play the same number of games standings will be determined by the percentage of possible points earned (total points earned divided by three (3) times the number of games played).
 - i) Points shall be awarded as follows:
 - a) Win 3 points

- b) Tie 1 point
 - c) Loss 0 points
 - ii) A one (1) point deduction for each Send-off (red card) received by a player
 - iii) A one (1) point deduction when a coach or assistant coach is expelled for failure to conduct themselves in a responsible manner (before, during, or after the match)
 - iv) A one (1) point deduction for using an ineligible player in a match. In addition to the forfeit of the match.
 - v) A one (1) point deduction when a player accumulates three Cautions (yellow cards) during the season.
 - vi) A two (2) point deduction when a coach refuses to provide the name of an expelled spectator to the referee.
 - vii) A player, coach, or spectator who fails to serve their game suspension will cause the team to have a five (5) point deduction.
- b. Tie breakers for league standings shall be as follows:
- i) Head-to-Head
 - ii) Team with the fewest number of goals allowed
 - iii) Goal Differential; goals scored less goals allowed, maximum differential of five (5) goals per game
 - iv) Team with the most goals scored, maximum of five (5) goals scored per game
 - v) Fewest point deductions for misconducts
- c. Awards will be given to the top three (3) teams in each division/conference based on the final league standings.

16. PLAYER SUBSTITUTION

- a. All games shall have a substitution opportunity approximately midway through each half, at half time and in the event of injury. The half time break will be five (5) minutes.
- b. All U9–U14 games will follow the “3/4 Rule”. That is, no player will play four quarters until every player has played three quarters.
- c. Free or monitored substitution shall not be allowed in any age/gender division.

17. MISCONDUCT

- a. It is the responsibility of the referee in an EXTRA game to submit an online Misconduct Report within 24 hours after the conclusion of the game in which a player caution occurred and within six (6) hours after the conclusion of the game in which a player send-off or coach/spectator ejection occurred.
- b. A Region/Area may choose to have the referee submit a written Misconduct Report in which case the Region/Area Referee Administrator or the Region/Area EPC will submit the online report within the time frame specific above.
- c. Should violators of the penalties set forth in this section refuse to immediately leave the field when requested to do so by the Referee, the game shall be suspended until the situation has been resolved. If it is not resolved in what the Referee considers a reasonable amount of time, the game shall be terminated and the Referee will submit a Misconduct Report.

- d. There is no mandatory “cooling off” period for cautioned players. It is recommended that at the coach’s request and with the Referee’s permission, a cautioned player, or any player having difficulty controlling their emotions may be substituted at the earliest opportunity.
- e. Send-offs (red cards), Cautions (yellow cards), and coach/spectator ejections or reports of irresponsible behavior issued in games **are not subject to appeal**.
- f. Suspensions
 - i) The penalty for a player Send-Off (red card) shall be a minimum one (1) game suspension. Referees shall not retain any Player ID cards from players who have been sent-off.
 - ii) The suspension for Violent Conduct or Serious Foul Play shall be a minimum of two (2) games and the length of any suspension may be increased and other disciplinary measures applied if deemed warranted by the EXTRA Program Advisory Committee in conjunction with the Section Director.
 - iii) The penalty for coaches being expelled for failure to conduct themselves in a responsible manner shall be a minimum one (1) game suspension.
 - iv) The penalty for spectators being expelled for failure to conduct themselves in a responsible manner shall be a minimum two (2) game suspension.
 - v) Refusal by the coach to provide the referee with the name of an expelled spectator will be a two (2) game suspension for the coach and a two (2) point deduction in the league standings.
 - vi) The penalty for a coach or spectator action resulting in the termination of a match shall be a minimum two (2) game suspension. The penalty shall be enforced even if the coach or spectator was not expelled from the match.
 - vii) Disciplinary Review shall be conducted by the team’s home Region/Area in cases of Send-Offs related to abusive language, serious foul play, violent conduct and any reported coach or spectator expulsion/irresponsible behavior. Additional sanctions shall be reported to the Section Director, Section 10 EPC and Referee Liaison, and the EXTRA Program Advisory Committee.
 - viii) The length of any suspension may be increased and other disciplinary measures applied if deemed warranted in accordance with the AYSO due process procedure.
 - ix) Suspensions will also be assessed for an accumulation of misconducts – three Cautions equals a Send Off
 - x) Persistent misconduct (two Send Offs or the equivalent accumulation) will result in a player suspension for the balance of the season, including playoffs.
 - xi) Two or more coach and/or spectator expulsions will result in the coach or spectator suspension for the balance of the season, including playoffs. In addition, the team will not be eligible for post season play.
 - xii) Suspensions shall be served in the first game (not scrimmage) that is played following the game of the incident.

- xiii) If the player sent off is a minor (under 18 years of age), he/she must leave the field in the company of his/her parent(s) or guardian(s). Otherwise, the player may remain in the proximity of the field, under adult supervision by the coach or a Safe Haven certified adult.
 - xiv) A coach or spectator serving a suspension may not be present at the game (including pre and post-game activities) or participate in any manner.
 - xv) In the event a suspended player or coach participates in a match from which he/she has been suspended, the game shall be recorded as a forfeit in favor of the opposing team. For each such event, the original suspension must be served at the next game played by the team, an additional one game suspension must be served at the following game, and the coach of such team must serve a one game suspension. The team will earn a five (5) point deduction
- g. The applicable Area Director(s) with the assistance of the Area Referee Administrator(s) and the Area Coach Administrator(s), together with the respective Regional Commissioners, shall review all inter-regional disciplinary issues not resolved at the Region level. Any disciplinary action taken must be communicated to the Section Director, Section 10 EPC, and the EXTRA Program Advisory Committee within ninety-six (96) hours of the game in which the incident occurred. Disciplinary hearings may be called if deemed necessary by the Area Director(s), or the EXTRA Program Advisory Committee in conjunction with the Section Director.
 - h. A weekly Misconduct Report Summary will be distributed to the Area Directors, Area/Region Referee Administrators, and Regional Commissioners. This report will list all cautions, send offs and information on other Misconduct Reports submitted by Referees and shall also list those suspensions that are to be served (by gender/age division, player name, date and location).

Appendix A

2015 League Fee and Deposit/EXTRA Championship Fee

1. Per team league fees are shown below.
 - a. U10 - \$75
 - b. U11/U12 - \$90
 - d. U13/U14 - \$110
2. Per team EXTRA Championship entry fees will be the same as the entry fee for the Section 10 League and All Star Championships (for 2014, this was \$325 per team). The entry fee will serve as a team deposit for the league season.
3. League fees and Extra Championship entry fees must both be received by the EXTRA Program Registrar by June 15 for the upcoming season. Teams in good standing (see 5 below) accepted to the Section 10 EXTRA Championship will have their deposit rolled over to their EXTRA Championship entry fee.
4. Teams in good standing (see 5 below) not eligible to participate in the EXTRA Championship and teams declining an invitation to the EXTRA Championship will have their deposit refunded once the EXTRA Championship field is set
5. A team forfeiting no more than one game during the league season will be considered in good standing.
6. A team withdrawing between June 16 and June 30 will receive a full refund.
7. A team withdrawing between July 1 and July 14 will receive a 50% refund.
8. A team withdrawing from the program on or after July 15 will forfeit all fees.

Appendix B

Preseason EXTRA Tournaments

For preseason EXTRA tournaments, the Tournament Rules and Regulations shall include the following:

1. All players must have photo ID cards, signed by their RC that will be verified at team check-in.
2. Both coaches must have photo ID cards, signed by the RC to be worn at all times during games.
3. No guest players from an AYSO core program will be allowed.